



Renaissance Middle School

INNOVATIVE EDUCATION:

The Mission of Renaissance Middle School is to create a collaborative community with project-based learning that emphasizes the strengths of all students.

January 10th, 2020

I Hope Renaissance Gets a “Like”!

This month Renaissance Middle School and the RMS Restorative Justice Team will be focusing on the impact social media has on character. In alignment with Dr. Martin Luther King Jr.’s famous charge for all of us to be aware of the “content” of our “character”, we are challenging our community to assess how their online activity may impact how others view their character.

To celebrate this concept students will have check-in questions each morning related to “character”. Additionally, on January 31st, all students will be shown the movie “Like”.



LIKE is an [IndieFlix Original](#) documentary that explores the impact of social media on our lives and the effects of technology on the brain. The goal of the film is to inspire and help equip us to self-regulate. Social media is a tool and social platforms are a place to connect, share, and care ... but is that what's really happening?

Ways that social media affects our lives that we may not even realize:

- **Mental Health** - The goal of social media is to keep us “connected” 24/7 but is actually disconnecting us by increasing stress and anxiety as well as reducing sleep.
- **Children** - Training children to base their self-worth off of “likes” encourages them to compare themselves with others around them and creates constant FOMO (fear of missing out).
- **Social Relationships** - Virtual interactions such as “likes” or “shares” have taken precedence over face-to-face interactions.
- **Democracy** - Seeing the news through a filter skews our worldview and divides us.

Ideas by [Center of Human Technology](#)

On February 4th, Renaissance will host a screening of “Like” for all three Middle Schools. After the film there will be a panel discussion with professionals in field.

Please visit TheLikeMovie.com to view the trailer and see the impact this powerful film is already making. Through a Middle School community screening, we can empower ourselves and those around us to create balance in our lives and learn to be there for each other. Please join me in bringing this timely discussion to our community.

Seating will be made available to Renaissance Families first. We will send the link out to the other 2 Middle Schools at the end of next week.

To reserve your seat please use this link to access the sign-up genius
<https://bit.ly/39XIRBr>

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January 14th
PTA/SATp
Meeting
Topic:
Restorative Justice
7:00pm – 8:30pm

January 17th
MLK Assembly
8:15am
(Students only)

January 20th
School Closed
MLK Day

January 21st
School Closed
Teacher Workshops